

Polar Bear 50 Course Marked “ A ←, A ↑, or A →”

Mile	Turn	Location
0	Start	Forest View High School
	L	exit school onto Union Rd
1.0	R	Wilson Farm Rd
2.5		(becomes Riddle Mill Rd)
3.0	cross	Oakridge Rd
5.0	cross	Hwy 557~becomes Bethel Sch Rd
7.3	L	Hwy 55
7.4	R	Baird Rd
8.9	L	Kingsburry Rd
10.7	R	Hwy 49
10.9	L	Paraham Rd
12.1	cross	Campbell Rd
14.9	R	Mt Gallant Rd
15.2	cross	Old York Rd (Hwy 161)
17.4	L *	Tirzah Rd
	*option to take short-cut #1 by going straight	
18.7	L	York Rd (Hwy 5)
18.9	R	Eastview Rd
19.9	R	Holland Rd
20.7	R	Turkey Farm Rd
22.7	R	Gordon Rd
24.4	L	York Rd (Hwy 5)
24.6	R	S. Shiloh Rd
25.1		1 st shortcut rejoins course
26.8	cross	Hwy 161~road becomes N. Shiloh
27.5	L	name stays N. Shiloh Rd
29.6	L	Charlotte Hwy (Hwy 49)
29.8	R	Old Limestone Rd
30.2	L	name stays Old Limestone Rd
32.1	R	Lincoln Rd
37.0	L	Hwy 55
37.2	R	Griggs Rd
38.3	R	Hwy 557
38.5	L	Glenn Rd
40.6	R	Ridge Rd
41.9	L	Kendrick Rd
43.7		becomes Meek Rd (NC state line)
45.0	R	Patrick Rd
46.9		becomes Oakridge Rd (SC line)
47.6	L	Riddle Mill Rd
48.1		becomes Wilson Farm (NC line)
49.8	L	Union Rd
50.9	R	Forest View High (finish)

Polar Bear 39 Course Marked “ A ←, A ↑, or A →”**Takes 2 shortcuts (marked as #1 & #2)****Shortcut #1: mile 17.4 reduces course by 7.2 miles****Shortcut #2: mile 38.0 reduces course by 4.5 miles**

Mile	Turn	Location
0	Start	Forest View High School
	L	exit school onto Union Rd
1.0	R	Wilson Farm Rd
2.5		(becomes Riddle Mill Rd)
3.0	cross	Oakridge Rd
5.0	cross	Hwy 557~becomes Bethel Sch Rd
7.3	L	Hwy 55
7.4	R	Baird Rd
8.9	L	Kingsburry Rd
10.7	R	Hwy 49
10.9	L	Paraham Rd
12.1	cross	Campbell Rd
14.9	R	Mt Gallant Rd
15.2	cross	Old York Rd (Hwy 161)

shortcut #1:

take short-cut #1 by going straight across Tirzah

17.4	cross	Tirzah Rd
17.9	R	S. Shiloh Rd (rejoins 50 course)
19.6	cross	Hwy 161~road becomes N. Shiloh
20.3	L	name stays N. Shiloh Rd
22.4	L	Charlotte Hwy (Hwy 49)
22.6	R	Old Limestone Rd
23.0	L	name stays Old Limestone Rd
24.9	R	Lincoln Rd
29.8	L	Hwy 55
30.0	R	Griggs Rd
31.1	R	Hwy 557
31.3	L	Glenn Rd
33.4	R	Ridge Rd
34.7	L	Kendrick Rd
36.1		becomes Meek Rd (NC state line)

shortcut #2:

38.0	L	Patrick Rd
38.6	R	Union Rd
39.2	L	Forest View High (finish)

Polar Bear 46 Course Marked “ A ←, A ↑, or A →”**Takes 1 shortcut (marked as #2)****Shortcut #2: mile 45.0 reduces course by 4.5 miles**

Mile	Turn	Location
0	Start	Forest View High School
	L	exit school onto Union Rd
1.0	R	Wilson Farm Rd
2.5		(becomes Riddle Mill Rd)
3.0	cross	Oakridge Rd
5.0	cross	Hwy 557~becomes Bethel Sch Rd
7.3	L	Hwy 55
7.4	R	Baird Rd
8.9	L	Kingsburry Rd
10.7	R	Hwy 49
10.9	L	Paraham Rd
12.1	cross	Campbell Rd
14.9	R	Mt Gallant Rd
15.2	cross	Old York Rd (Hwy 161)
17.4	L *	Tirzah Rd

*option to take short-cut #1 by going straight

18.7	L	York Rd (Hwy 5)
18.9	R	Eastview Rd
19.9	R	Holland Rd
20.7	R	Turkey Farm Rd
22.7	R	Gordon Rd
24.4	L	York Rd (Hwy 5)
24.6	R	S. Shiloh Rd
25.1		1 st shortcut rejoins course
26.8	cross	Hwy 161~road becomes N. Shiloh
27.5	L	name stays N. Shiloh Rd
29.6	L	Charlotte Hwy (Hwy 49)
29.8	R	Old Limestone Rd
30.1	L	name stays Old Limestone Rd
32.1	R	Lincoln Rd
37.0	L	Hwy 55
37.2	R	Griggs Rd
38.3	R	Hwy 557
38.5	L	Glenn Rd
40.6	R	Ridge Rd
41.9	L	Kendrick Rd
43.7		becomes Meek Rd (NC state line)

shortcut #2:

45.0	L	Patrick Rd
45.8	R	Union Rd
46.4	L	Forest View High (finish)